



HELLENIC SOCIETY
OF GASTROINTESTINAL ONCOLOGY



JOHANNES GUTENBERG
UNIVERSITÄT MAINZ
UNIVERSITY OF MAINZ,
I. DEPARTMENT OF INTERNAL MEDICINE,
JOHANNES-GUTENBERG, GERMANY

UNDER THE AUSPICES OF



THE HELLENIC SOCIETY
OF GASTROENTEROLOGY



HELLENIC
SOCIETY OF
MEDICAL
ONCOLOGY

A EUROPEAN SOCIETY OF DIGESTIVE
ONCOLOGY SUPPORTED MEETING



esdo

COLORECTAL CANCER

Progress and Prospects

On the occasion
of the 20th Anniversary
of the Hellenic Society
of Gastrointestinal
Oncology (HSGO)

**Saturday 19 & Sunday 20,
May 2018**

Hotel Royal Olympic, ATHENS

CONGRESS SECRETARIAT



15, Mesogeion Avenue, 115 26, Athens, Greece
Tel: 210 7499300, Fax: 210 7713795, www.triaena.gr

The Congress
has been granted
12 CME - CPD
Credits



COMMITTEES

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Moehler M.
Boukovinas I.

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Papalois A.
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Tzouvala M.
Vagianos K.
Xenos K.

WELCOME LETTER

Dear Colleagues,

We cordially invite you to participate in the scientific meeting entitled **“Colorectal Cancer: Progress and Prospects”**, which is organized by the Hellenic Society of Gastrointestinal Oncology, and the University of Mainz, I Department of Internal Medicine Johannes-Gutenberg, Germany, under the auspices of the Hellenic Society of Gastroenterology, and the Hellenic Society of Medical Oncology. The congress is labeled by the European Society of Digestive Oncology as a “Supported Meeting”. It will take place in Athens, Hotel Royal Olympic, on Saturday 19 and Sunday 20, May 2018.

The aim of the congress is to discuss the latest developments concerning the aetiopathogenesis, diagnosis, and therapeutic modalities applied in this probably most important malignant disorder of the digestive system. The Organizing and Scientific Committees are proud to emphasize that world-known experts from Germany, Japan and Switzerland, are participating in the scientific program along with a number of very well known Greek experts, thus making it a very promising and of high standards scientific meeting.

The sessions of the first day are devoted to the epidemiology, pathogenesis, diagnosis and treatment of the disease. Three round-table discussions as well as five state-of-the-art lectures covering a variety of hot topics will be included.

The sessions of the second day regarding the supporting role of the Patients’ Societies and their relatives, the role of specialized nurses in the care of patients, the role of diet in colorectal cancer pathogenesis and in improving the general situation of the emaciated patients, are of great importance for doctors dealing with the care of this malignancy. Finally, we expect that the involvement and active participation of medical students in the scientific program with a workshop dealing with the introduction of medical students in the world of digestive oncology, will positively influence their future scientific attitude concerning the digestive malignancies.

Dear Colleagues,

We believe that continuous learning is a mutual life-time process. In this regard we expect the exchange of knowledge between the speakers and the audience to become extremely useful for both parts, thus making the diagnosis and treatment of colorectal cancer more effective and up-to-date.

On behalf of the Organizing and Scientific Committees,

H.S.G.O.
J.K. Triantafillidis

University of Mainz
M. Moehler

H.S.M.O.
I. Boukovinas

SATURDAY, May 19 2018

08.00-09.00 Registration

09.00-09.30 State-of-the-art Lecture (1)

Descriptive epidemiology of colorectal cancer: The size of the problem and the significance of preventive strategies

Chairperson: E. Merikas

Speaker: J.K. Triantafillidis

09.30-11.00 Round table (1)

Progress in the etiopathogenesis of colorectal cancer

Chairpersons: D. Dimitroulopoulos - Ch. Kalantzis

09.30-09.55 Metabiotics: Their protective role in the pathogenesis of colorectal cancer

M. Kyriakou

09.55-10.25 Molecular pathological classification of colorectal cancer

K. Barbatis

10.25-10.45 The role of *Helicobacter pylori* infection in colorectal carcinogenesis

V. Papastergiou

10.45-11.00 Discussion

11.00-11.30 *Coffee break*

11.30-12.00 Opening ceremony

Moderator: Prof. A. Papalois, Secretary H.S.G.O.

Welcome speeches

Prof. A. Papalois, "H.S.G.O.: 20 years of research and education devoted to digestive oncology"

I. Boukovinas, *President of He.S.M.O.*

D. Tampakopoulos, *President of H.S.G.*

J. Triantafillidis, *President of H.S.G.O.*

Prof. Dr M. Moehler, *University of Mainz:*

Welcoming speech and opening address of the congress

SATURDAY, May 19 2018

12.00-14.00 Round table (2)

Achievements in the screening and diagnosis of colorectal cancer

Chairpersons: N. Tsavaris - S. Georgopoulos

12.00-12.20 MRI colonography in the screening and diagnosis of CRC:
State-of-the-art 2018

I. Tzovara

12.20-12.40 Colonoscopy in CRC screening

Th. Markoutsaki

12.40-13.00 Stool DNA test and FOB test in the screening and diagnosis of CRC

V. Panteris

13.00-13.20 The challenging role of general practitioner in the screening
and diagnosis of CRC

Ch. Lionis

13.20-13.40 Pitfalls in the diagnosis of CRC

Th. Rokkas

13.40-14.00 Discussion

14.00-15.00 *Lunch*

15.00-15.30 State-of-the-art Lecture (2)

**Advanced endoscopic detection of malignant and premalignant
colorectal lesions**

Chairperson: G. Anagnostopoulos

Speaker: R. Kiesslich

15.30-16.00 State-of-the-art Lecture (3)

**Endoscopic Submucosal Dissection of malignant colorectal
lesions in 2018**

Chairperson: A. Papalois

Speaker: H. Kashida

SATURDAY, May 19 2018

- 16.00-16.30 State-of-the-art Lecture (4)**
Genoms and Cancer
Chairperson: C. Vagianos
Speaker: D. Thanos
- 16.30-17.00 State-of-the-art Lecture (5)**
Mechanistic view of nutrition: Correlation with colorectal cancer
Chairperson: A. Chiou
Speaker: V. Karathanos
- 17.00-17.30 *Coffee break*
- 17.30-20.00 Round table (3)**
Treatment of CRC: Progress and prospects 2018
Chairpersons: I. Boukovinas - I. Souglakos
- 17.30-17.50 Biomarkers and personalized therapy for CRC
Th. Thomaidis
- 17.50-18.10 Immunotherapy and beyond: Future immunotherapeutic strategies in treatment of colorectal cancer
K. Göpfert
- 18.10-18.30 Preoperative neoadjuvant therapy for colorectal liver metastases
M. Moehler
- 18.30-18.50 Surgical treatment of liver metastases
Ev. Tagkalos
- 18.50-19.10 Current status of minimally invasive surgery of colon cancer and controversies
Ch. Spyropoulos
- 19.10-19.30 Radiotherapy for CRC: Current standards and future perspectives
E. Maragoudakis
- 19.30-19.50 The multidisciplinary management of colorectal cancer: present and future
U. Güller
- 19.50-20.00 Duration of adjuvant chemotherapy for stage III colon cancer (N.E.J.M. 2018,378:1177-1188)**
Boukovinas I., Souglakos J.

SUNDAY, May 20 2018

09.30-10.30 Round table (4)

Nursing care for patients with digestive cancer

Chairpersons: D. Papageorgiou - S. Giova

09.30-09.50 Nursing care of patients operated-on for CRC
D. Tsilimigra

09.50-10.10 Nursing care of patients under chemotherapy and/or radiotherapy for CRC
K. Souliou

10.10-10.30 Stomas care
I. Kalemikerakis

10.30-11.00 Workshop (1)

Supporting patients with CRC: The role of patients' associations (Association of Volunteers against Cancer "AgkaliaZO")

Chairpersons: N. Karvounis - F. Konstantatou

10.30-10.45 Present situation in Greece: Proposals for improvement
A. Pasakopoulou

10.45-11.00 Psychological support of patients with digestive cancer: The role of relatives and patients' associations
S. Kalimeris

11.00-11.30 *Coffee break*

11.30 -12.00 Workshop (2)

Education and introduction of medical students to digestive oncology (Scientific Society of Hellenic Medical Students)

Chairpersons: S. Nasikas - Th. Ntetsika

11.30-11.45 Introducing and attracting medical students to the world of digestive oncology
O. Lyros

11.45-12.00 Theoretical education of medical students in digestive oncology: Does it really exist in Greek universities?
A. Theodorou-Kanakari, G. Kalousis, S. Nasikas, Th. Ntetsika, E. Papantoniou, I. Papagiouvanni, A. Petrou

SUNDAY, May 20 2018

12.00-13.00 Round table (5)

Diet and CRC: From pathogenesis to prevention and treatment

Chairpersons: D. Salviera - B. Govosdis

12.00-12.30 Diet and prevention of colorectal cancer

K. Xenos

12.30-13.00 Nutritional support of patients with advanced colorectal cancer: current aspects / guidelines

C. Karagiannis

13.00 End of Congress



FACULTY

Anagnostopoulos Georgios	<i>Dr. Gastroenterologist, Mitera General, Maternity Gynecological and Children's Hospital</i>
Barbatis Calypso	<i>Dr. MD, FRCPath, PhD, HBD, histobiodiagnosis Athens Past Head of Pathology Department Red Cross Hospital</i>
Boukovinas Ioannis	<i>MD, PhD, PharmaD, Medical Oncologist</i>
Chiou Antonia	<i>Ass. Prof., Charokopion University</i>
Dimitroulopoulos Dimitrios	<i>MD, PhD, Gastroenterology-Hepatology Consultant, Gastroenterology Dpt. "Agios Savvas" Hospital, Athens - Greece</i>
Georgopoulos Sotirios	<i>MD, FEBGH, AGAF, Director, GI Dept. Athens Medical, P. Faliron General Hospital, P. Faliron, Athens, Greece</i>
Giova Sotiria	<i>Head Nurse, "IASO" General Hospital</i>
Göpfert Katrin	<i>First Department of Internal Medicine, Johannes Gutenberg-University of Mainz, Mainz, Germany.</i>
Govosdis Vassilios	<i>Dr. Gastroenterologist</i>
Güller Ulrich	<i>Prof. Dr. med., MHS, FEBS, Deputy Chief Medical Oncology & Hematology, Responsible GI Med. Oncology, Professor of Surgery, Kantonsspital St. Gallen</i>
Kalantzis Chrysostomos	<i>MD PhD, Consultant Gastroenterologist, NIMTS Hospital, Athens</i>
Kalemikerakis Ioannis	<i>RN, MSc, PhD, Lecturer, Department of Nursing, University of West Attica</i>
Kalimeris Spiros	<i>Dr., Psychiatrist Psychotherapist</i>
Georgios Kalousis	<i>4th year Medical Student, University of Thessaly</i>
Karagiannis Dimitrios	<i>M.Med.Sc., Clinical Dietitian-Nutritionist, Department of Nutrition, Evangelismos Hospital, Athens, Greece</i>
Karathanos Vaios	<i>Professor of Food Engineering and Physical Chemistry, Department of Nutrition, Harokopion University of Athens, Greece</i>
Karvounis Nikolaos	<i>Medical Oncologist</i>
Kashida Hiroshi	<i>MD, PhD, AGAF, FACP, Professor of Medicine, Department of Gastroenterology and Hepatology, Director of Endoscopy Center, Kindai University Faculty of Medicine, Osaka, Japan</i>
Kiesslich Ralf	<i>Dr. med. Prof. of Medicine</i>
Konstantatou Filia	<i>General Secretary of the Association of Volunteers Against Cancer - AgaliaZO</i>
Kyriacou Adamantini	<i>Ass. Prof. in Microbiology, Department of Nutrition & Dietetics, Harokopio University</i>
Lionis Christos	<i>MD, PhD, HonFRCGP, Prof. of General Practice and Primary Health Care Head of Clinic of Social and Family Medicine Faculty of Medicine, University of Crete, Greece</i>
Lyros Orestis	<i>MD, PhD, Consultant General Surgeon University Hospital Leipzig, Germany</i>
Maragkoudakis Evangelos	<i>MD, Radiation oncologist, IASO Maternity hospital, Director of Radiotherapy department</i>
Markoutsaki Nina	<i>Gastroenterologist, Specialisation in Digestive Oncology, Diplôme Inter Universitaire (DIU) de Cancérologie Digestive – Ile-de-France, Paris V, Université de Versailles</i>

FACULTY

Merikas Emmanouil	<i>Ass. Prof. of Gastroenterology</i>
Moehler Markus	<i>Prof. Dr., Head of GI Oncology, Senior Physician Gastroenterology & Endosonography</i>
Nasikas Stergios	<i>4th year Medical Student, University of Patras</i>
Ntetsika Theodora	<i>5th year Medical Student, University of Ioannina</i>
Panteris Vasileios	<i>Consultant Gastroenterologist, "Sismanogleio-Am.Flemig" Hospital</i>
Papageorgiou Dimitrios	<i>RN,MSc, Phd, Head Nurse Oncology Department Euroclinic Athens President of H.O.N.S.</i>
Papagiouvanni Ioanna	<i>6th year Medical Student, Aristotle University of Thessaloniki</i>
Papalois Apostolos	<i>PhD, KGSJ, AMACS, Director Experimental – Research Center ELPEN, Visiting Prof., Harvard Medical School, Deputy President, National Committee for the Experimental Research and Training</i>
Papantoniou Eleni	<i>5th year Medical Student, Democritus University of Thrace</i>
Papastergiou Vasileios	<i>Gastroenterologist, GI Department, Nea Ionia Hospital, Athens, Greece</i>
Pasakopoulou Anastasia	<i>Board President of the Association of Volunteers Against Cancer - AgaliaZO</i>
Petrou Andreas	<i>5th year Medical Student, University of Crete</i>
Rokkas Theodore	<i>MD, PhD (UK), FACC, AGAF, FEBGH, As. Prof. Head, A' Gastroenterology Clinic, Henry Dunant Hospital Center, Greece</i>
Sialvera Dorina	<i>Dr., President of Hellenic Dietetics Association</i>
Souglakos John	<i>Ass. Prof. Medical Oncology, Department of Medical Oncology, Uni- versity Hospital of Heraklion, Laboratory of Translational Oncology, Medical School, University of Crete</i>
Souliou Katerina	<i>RN MSc. One Day Therapy Head Nurse, Mitera General, Maternity Gynecological and Children's Hospital</i>
Spyropoulos Charalampos	<i>MD, PhD, FACS Consultant in General Surgery Director of the 3rd Department of Surgery, "IASO" General Hospital, Athens, Greece</i>
Tagkalos Evangelos	<i>Surgeon, University of Mainz, Germany</i>
Thanos Dimitris	<i>Prof. and Academician, Chairman of the Scientific Board, Biomedical Research Foundation, Academy of Athens</i>
Theodorou-Kanakari Anna	<i>5th year Medical Student, National and Kapodistrian University of Athens</i>
Thomaidis Thomas	<i>MD, PhD, Assoc. Prof. Gastroenterology, Universitätsmedizin Mainz, Langenbeckstr. 1, 55131, Mainz, Germany</i>
Triantafillidis John	<i>Prof. Gastroenterologist, IASO GENERAL Hospital, Athens, Greece</i>
Tsavaris Nikolaos	<i>Prof. of Medical Oncology, Medical Oncologist</i>
Tsilimigra Despoina	<i>RN, MSc, IASO General Hospital</i>
Tzovara Ioanna	<i>Radiologist, MD, IASO General</i>
Vagianos Konstantinos	<i>MD, Assoc Prof. of Surgery, Kapodestrian University of Athens, School of Medicine</i>
Xenos Konstantinos	<i>Clinical Dietitian M.Sc. Ph.D. (Cand) - "Athens Euroclinic Hospital" Vice President of Hellenic Nutrition Institute</i>

GENERAL INFORMATION

Congress Dates

Saturday, May 19, 2018 08.30 - 19.45

Sunday, May 20, 2018 09.00 - 13.00

Congress Venue

Royal Olympic Hotel

Athanasiou Diakou 28, Athens, Greece 117 43, Phone: 21 0928 8400

Registrations

Registration Type

Registration Fees

Specialists 60,00 €

Interns 40,00 €

Nurses - Students - Nutritionists Free

Registration Includes

- Congress Material • Coffee Breaks & Lunch Break • Certificate of Attendance

Congress Language

All presentations will be in English.

Evaluation – Attending certificates

12 Points of Continuing Medical Education (CME- CPD Credit) points will be awarded.

Congress Secretariat



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Triaena Tours & Congress AE

15 Mesogeion Av., Athens, Greece PO 11526

Phone. + 30 210 74 99 300/ 309, E-mail: secretariat@triaena.gr

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